



thrivalASKA

Healthy families. Thriving children.

Updates for the membership & community partners of thrivalaska



OUR UPCOMING EVENTS:

- Jan 17th-closed for MLK jr day
- Feb 24th-closed for teacher work day
- March 7th-11th closed for spring break for the part-day and duration classrooms.

What's New with Thrivalaska?!

- Thrivalaska is HIRING! You can find any open positions listen online at <https://thrivalaskaprograms.org/careers/>

For questions call Lisa McDaniel at 907-452-4267 x222
Submit applications to lmcdaniel@thrivalaska.com

- After many years of use and wear and tear, our family services department is getting new furniture! Wish them luck in the move-in and setup process, and please excuse any mess that may happen in the meantime!

COMMUNITY EVENTS:

UPCOMING COVID VACCINE CLINICS: For additional information, Public Health 907-452-1776,

- Thursday, Jan. 20: North Pole Fire Department, 110 Lewis Street, 3pm-6pm.
- Thursday, Jan. 27: Hunter Elementary, 1630 Gilliam Way, 3pm-6pm.
- Thursday, Feb. 3: Joy Elementary, 24 Margaret Ave, 3pm-6pm.
- Thursday, Feb. 24: Hunter Elementary, 1630 Gilliam Way, 3pm-6pm



Mission Focus

By Tiara Davis, Executive Director



At our core we continue to focus on one thing. Service.

Service of children, families, and our community.

Each program, in their unique way, consistently exceeds expectations to make sure our community is fed, clothed, warmed, educated and most importantly aware that we are present. Giving so much of self does come at a high cost and thus one of our areas of growth is service of self.

How are we taking time to rebuild and restore the individuals behind the magic?

Within the past 7 months, I've witnessed a tremendous shift as staff are developing their ability to take time away, respect their colleagues time of rest, speak up when assistance is needed, or speak out when work is overwhelming. These shifts preserve the health and wellness of our community.

The more we build our infrastructure in house, the better we will be able to serve others.

In short, take a break!

Information Sharing

By Thrivalaska Staff

This month we'd like to take a focus on wellness, times are hard across the board for parents and educators. Attached below is an article discussing ideas on how to focus on your own self care

[Self Care for Parents](#)

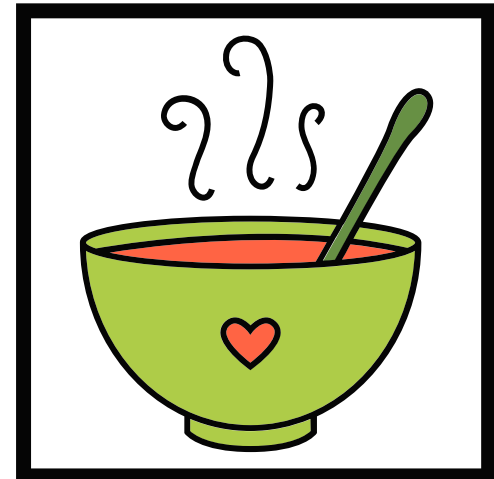
A Recipe from a friend

This months Recipe shared from our Thrivalaska Chef, Conny Swisher is Harvest Vegetable Chowder. This vegetable packed soup is great for any occasion!

It serves 5 and will keep you warm on a cold day!

Here is the link to this recipe below or you can get a printed copy at the front desk

[Harvest Vegetable Chowder](#)



Membership Spotlight

Lillian Gengler, Lead Teacher, Prospectors Classroom

"As a Lead Teacher at Head Start, I like that my job gives me the opportunity to teach children emotional intelligence. My favorite part of the work that Thrivalaska does is build supportive relationships with the parents. Since I started working at Thrivalaska, I've benefited from being able to continue my education while also teaching in the classroom."

